



Certificate

of Contribution Awarded to

Dr. Dipak Prakash Saudagar

Has successfully contributed and published a paper

**A COMPARISON OF MEDITATION TECHNIQUES AMONG
INDIVIDUAL AND TEAM SPORTS ATHLETES**

In International Double Blind Reviewed, Refereed & Indexed Journal

**Scholarly Research Journal for
Interdisciplinary Studies**

ISSN (E) 2278-8808, ISSN (P) 2319-4766 SJIF 2024:8.153

JAN-FEB, 2024 VOLUME 12, ISSUE 81, RELEASED ON 01/03/2024

Certificate No. *SRJIS/44/44/2024*
https://www.srjis.com/issues_data/227



A handwritten signature in black ink.

Dr. Yashpal D. Netragaonkar
Editor in Chief for SR Journals